



Pathways to Adulthood

ynot
youth network of Tasmania

SUPPORTED BY
Tasmanian
Government

Between April and June 2023, YNOT asked young Tasmanians aged 18-25 to tell us about your experience of moving into adulthood, the challenges you face, and how it could be made smoother. You shared your experience and ideas in an online survey, and in workshops held around the state.

What you're experiencing at the moment...

Staying connected

Finding time to catch up with friends as you balance new challenges and responsibilities

Social isolation - especially if you had to move in order to get a job or study

Finding a place to meet when both you and your friends don't have money to spend

Work/finance

Finding work often relies on who you know

Understanding what income support options are available to you

Employers who see hiring young people as "a risk"

Access to proof of identity documents to open a bank account, apply for income support or get a Tax File Number

Unpaid placements as part of education/training that stop you from earning your normal income through work

Casual work with no paid leave

Services

Knowing where to get help - if things aren't going to plan

Affordable healthcare - especially for those requiring ongoing support with physical or mental health conditions or neurodivergence

Lack of support to transition into adult health services often means "starting from scratch"

Wait times mean you don't have access to help when you need it

Housing

Finding affordable housing

Not having a rental history makes it difficult to get a private rental

Understanding rental lease agreements - your rights and responsibilities

Developing the skills to live independently - learning to cook, clean, budget and maintain a house

Transport

Cost of buying and maintaining a roadworthy vehicle

Getting enough supervised hours to get your driver's license

Limited access to public transport - especially in regional areas

Learning car maintenance skills - like changing a tyre or checking the engine oil

Things that make it a bit easier...



Having supportive parents who...

- have connections
- offer financial support
- have/can teach you skills
- provide emotional support

Learning practical skills early...

from parents, school or other services or youth groups.

What you want to see...

Access to supports in one place

- Help where and when you need it.
- Individual support and guidance.
- Drop-in centres and online portal.

Mentoring and support to develop important life skills

Like cooking, basic home and car maintenance, doing a tax return, budgeting, driving lessons. Ideally, mentors will be young people with relevant skills.

Support finding work

So that employers feel comfortable hiring you, and you feel comfortable in the workplace.

Help young people move around the community

Expand access to affordable public transport, free and accessible spaces to hang out.

Appropriate income

Liveable wages and income support for young people, and receiving an income when undertaking student placements.

Affordable and available housing options

This could include transitional housing designed for you to get a rental reference to be able to access the private rental market.