

# Youth Transitions 18-25: Have your say!

We're developing a whole-of-government Action Plan to help support young Tasmanians 18-25 years as they transition to adulthood and independence.

We want to hear your thoughts, ideas and solutions on what could help make the pathway to adulthood smoother.

**Full report available at [ynot.org.au](https://ynot.org.au)**



# When do you become an *'adult'*?

Young Tasmanians told us that it's more than turning 18... it's also about

being **socially** and **emotionally** mature

having the **resources, knowledge** and **skills** to  
live on your own

being able to make **hard decisions**

having **enough money** to live on

**finishing school** and **starting work**

**not having to rely on your parents** or family  
to support you (*but it's nice when they can*)

The pathway to adulthood is different for everyone, but we have heard common areas that young adults are having trouble navigating on their own...



## Moving out of home and living life independently

Young people told us about the importance of having a space to call 'home', the challenges they experienced in the private housing market, and the life skills they needed to take care of themselves day to day.

Young people want support to help them navigate the legal and practical complexities of the private housing/rental market, address discrimination towards young renters so that they can more readily access private housing, and programs to acquire basic life skills including cooking, cleaning, home maintenance and budgeting.

**Question 1.** What would help young adults to transition out of the family home into independent living?

# Moving into financial independence



Young people shared their experiences navigating income support options and cost of living pressures, financial literacy and achieving financial stability.

Young people want greater understanding from employers, businesses, government and community regarding the financial constraints they experience.

**Question 2.** What would help young adults to become financially independent and manage their finances well?



## Moving from school into the workforce

Young people told us about the challenges while still in education or training, applying for jobs, succeeding in the workplace, and making enough money to get by.

Young people want more programs to connect young people with employers locally, to explore their broader career options, and practical skills that will help them find and keep work – like writing resumes, on the job experience, applying for tax-file numbers and understanding superannuation, and obtaining relevant training credentials.

**Question 3.** How can young adults be better prepared to move from school to work?

**Question 4.** How can workplaces better support young employees?

# Moving about and within their communities



Young people told us about the importance of having a space to call 'home', the challenges they experienced in the private housing market, and the life skills they needed to take care of themselves day to day.

Young people called for more frequent, reliable and extensive bus services, more free driving lessons and driver mentor programs.

**Question 5.** What could be done to improve transportation options for young adults in rural and metro areas?

And we also heard about challenges  
with the adult service system...



## Moving into and accessing the adult service system

Young adults can find it challenging when they start to use the adult service system – particularly in health and social services.

There is an expectation that young people understand how the service system works, know what supports are available to them, and can access the right support at the right time.

**Question 6.** What would make the transition easier from services designed for children and young people to those designed for adults?

# Designing services *for* young adults



Just because a service *is available*, it doesn't mean that it *is accessible* to young adults.

Services can be costly, often have limited opening hours, and may not fully understand the challenges or opportunities facing young adults at this time of life.

There are also barriers to getting to appointments at all, particularly in rural areas, driven by limited transport options, long wait-lists and confusing referral processes.

**Question 7.** How can services be better designed for the needs of young adults?

# Navigating the adult service system



It can be difficult for young adults to know what services are available and which one best suits their needs.

Navigating the adult service system is often daunting – it places responsibility squarely onto the young person who may not yet be ready for it or may be confused about how it works.

Young adults need to know where to go and what to do in this confusion – they want to understand how the system works so they can solve problems and get the right supports that they need.

**Question 8.** What could help young adults to better navigate the adult service system?

# Better communication



Young adults are more connected than ever through technology, but struggle to access appropriate, reliable and timely information.

Information is spread across various websites, social media and broader directories designed for adults.

Young adults often hear about opportunities or supports too late – while many don't hear about them at all.

And it's even harder when they don't know the right questions to ask or what information they are looking for.

**Question 9.** What would a centralised, age-appropriate communication platform for young adults look like?

Have your say at [www.ynot.org.au](http://www.ynot.org.au)

Survey closes at 11:59PM, TUESDAY 28  
November 2023

### **Questions?**

Contact the Youth Network of Tasmania  
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