

TYF 2024 Forum Facilitator Guide

The TYF facilitator's role is to:

- Support groups to complete activities or tasks and stay on track.
- Manage participation and help everyone to have a say and be heard.
- Encourage positive behaviour and participation in activities.
- Facilitate discussions to encourage (or challenge) group thinking through supportive questioning.
- Nominate scribes and encourage participation with both written and verbal communication.
- Encourage young people to complete the ideas wall if they complete a task early.
- Encourage young people to speak to an adult if they are upset or feel unsafe.
- Remind individuals of the headspace Chill Zone if they need a break from the discussions.

Emcee Dylan Hesp will play a crucial role in the forum. He will introduce each activity and provide instructions on how to complete the tasks. Your role as a facilitator is to stay with groups and support young people participating in the discussions. A brief description of each activity is provided to help guide you throughout the day.

Getting settled and checking in.

On arrival, groups will receive a set of different-coloured lanyards with a nametag. The lanyards are colour-coded to break up larger groups and encourage participants to collaborate and network with new people. Groups will receive enough of each colour to ensure no one is left out, and spare colours are available if you need to swap or move participants about. Please let us know if you prefer your group to remain together.

Encourage young people to find a table corresponding to their lanyard colour and decorate their nametag. Each group (table) will have around eight (8) young people plus an adult facilitator.

Icebreaker – 3-2-1 Bridge – 10 mins

3-2-1 Bridge is a self-reflection exercise where participants are asked to reflect on what they know/think about housing, what they want to learn more about, and what they want to get out of the forum. Young people will be asked to reflect on this at the end of the day.

Facilitator Instructions:

- Young people have 5 minutes to complete the task in pairs, adding their answers to the group worksheet using post-it notes. Encourage young people to work with someone they haven't met or know well.
- After 5 minutes, please facilitate a group reflection. Ask young people to introduce their partners and share one interesting thing they have learned about them.

Resources: 3,2,1 Bridge Activity Worksheet (A3), pens, textas, post-it notes

Housing Privilege for Sale (30 mins)

This twist to *Privilege for Sale* is designed to encourage young people to explore common biases and privileges that help and hinder housing options for young people.

Facilitator Instructions:

- In smaller groups (3-4 young people), participants have 20 minutes to purchase their privileges and complete the worksheet.
- During the final 10 minutes (or when most groups are finished), facilitate a group reflection. Note any new ideas or concepts that arise on the worksheets.

Resources: Privilege for Sale Worksheets, fake money, privilege sheet.

World Café (40 mins)

We want to understand what young people think about housing in Tasmania. Using the World Café model, groups will explore the topic by answering the following question:

*What do we need to **keep**, **change** and **create** to make housing affordable, accessible and appropriate for young people?*

- Keep: What is working well? How does this help young people to access or keep a home?
- Change: What doesn't work well? Why is this a problem? How does it impact young people?
- Create: What do we need to do to solve these issues? What can make this better?
Is there something that you know about elsewhere that may help? Why would it work?

Facilitator Instructions:

- Groups have 30 minutes to complete the activity. This activity works best with the entire table, but you can split it into two smaller groups if necessary.
- Facilitate the group activity, ensuring that everyone has an opportunity to contribute. Nominate a group scribe if needed. Please ensure that discussions are being recorded on the butcher paper provided.
- There are no right or wrong answers in this activity. Its purpose is to encourage young people to explore the topic, challenge assumptions and hear opinions and ideas.
- After 30 minutes, the emcee will facilitate a discussion with everyone (10 minutes total).

Resources: Butcher paper, pens, textas and post-it notes.

Let's Explore Housing Solutions! (65 mins)

The emcee will give a short presentation on existing programs, policies, and initiatives that support young people with housing in Tasmania. This activity is designed to help participants reflect on their initial discussions, consider existing initiatives, and identify tangible solutions to help young people access and keep a safe, appropriate, and affordable home.

Groups will choose a topic they want to explore in more detail. They must prepare a poster about their topic and the proposed solution(s) they will present in the next activity. The poster and group must articulate the solution/idea, what issue it will solve, and how and why it would work for young people.

Facilitator Instructions:

- Groups have approximately 60 minutes to complete the activity. It can be completed by the entire table or in smaller groups.
- Encourage the group to reflect on what they discussed in the World Café activity and choose a solution topic that resonates with them.
- Facilitate the group activity and ensure that everyone has an opportunity to contribute to the solution.
- Ask your group to nominate 1-2 young people for the final activity as presenters.
- If your group finishes early, encourage them to complete another solution or to contribute to the Ideas Wall.

Resources: Butcher paper, poster, pens, textas and post-it notes, craft box

Share your ideas! Presentations (30 mins)

This dynamic round-robin activity allows young people to present their solutions, collaborate and build on the concepts, and meet new people. Each group must nominate 1-2 spokespeople who will present their innovative ideas for 5 minutes while the rest of the group rotates around the room.

Each person will have a set of tasks to complete as they rotate between different poster stations.

They will be encouraged to:

- Ask the presenters a question about their solution to learn more.
- Provide constructive feedback on the presentation and poster.
- Offer suggestions on how an idea could be improved or expanded.
- Identify potential challenges or limitations of the solution and suggest ways to address them.

Facilitator Instructions:

- Encourage your group to complete their tasks and engage in discussions with the presenters.
- Support and facilitate constructive feedback.
- Provide feedback and support to the presenters.

Resources: task cards, pens and post-it notes.