

Youth Week Tasmania 2025

'Courage: Stepping out of your comfort zone.'

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Youth Week Tasmania, the State's largest celebration of young people, kicks off today with a wide range of new and exciting events taking place across the State from 10-17 April.

Young people aged 12-25 years will have the opportunity to participate in circus performance workshops, junior bowls, colour fun runs, BMX, skate and scooter activities, attend live performances and more.

Youth Network of Tasmania CEO Tania Hunt said Youth Week Tasmania provides an opportunity to recognise and celebrate the incredible contributions young people make in their local communities and raise awareness of matters important to them.

"Young Tasmanians have told us that they are proud to be Tasmanian but sometimes life is harder than it needs to be. Youth Week Tasmania provides young people with a platform to amplify their views on issues important to them, create meaningful connections, share ideas and importantly have fun by taking part in the many activities on offer."

"Whether you're in metro or regional Tasmania, there is something for everyone!"

"This year's theme. 'Courage: Stepping Out of your Comfort Zone' was chosen by young people, acknowledging that stepping out of your comfort zone requires courage but this can often lead to personal growth and achieving things you never thought possible." Ms Hunt said.

Many Youth Week Tasmania events are organised by young people, for young people in communities across Tasmania. These events help build the capacity of young people through developing skills and knowledge in project planning, development and delivery.

The full program of Youth Week Tasmania events is available at <https://www.ynot.org.au/training-events/whats>

Youth Week Tasmania is supported by the Tasmanian Government.

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For more information contact Ms. Tania Hunt, CEO, YNOT, 0427 466 189
