TESTANIOUTHERM 2025 OUR LOGGENIANIOUTHERM 2025

105 young Tasmanians aged 12-25 joined the Tasmanian Youth Forum on 16 May in Launceston. Young people shared their views on the issues affecting them and what's needed to have a real say in decisions that shape their lives. *This is what you said...*

What makes you feel heard, included and safe to speak?



I FEEL RESPECTED

I'm treated seriously and my views matter.

- No judgement
- Not being spoken down to
- My ideas are respected, even if others disagree



I FEEL INCLUDED

Everyone is welcomed and supported to speak up.

- I feel invited to take part in the conversation
- Peers and adults encourage me to join in
- There are fun ways to share my views



IT IS ACCESSIBLE

It is easy to understand and get involved.

- Clear, youth-friendly language is used
- Venues are comfortable, accessible for all abilities and easy to get to
- I can choose how I want to contribute in a way that works for me



I FEEL LISTENED TO AND HEARD

People really listen and care about what I have to say.

- Adults ask questions and show interest
- They respond to my ideas
- They check if they understood me



IT IS SAFE

I'm comfortable, in control, and can speak honestly.

- I choose when and how to take part
- My privacy is respected
- I can speak openly without fear
- Supportive adults and peers are there



IT IS ACTION-FOCUSED

I know that what I say can lead to real change.

- My ideas are taken seriously and considered
- I'm involved in decisions that impact me
- I get told what happened afterwards
- I'm acknowledged for being involved

What would help young people get involved in decision-making?

BETTER COMMUNICATION

Use clear, youth-friendly language and share information on platforms we actually use, designed with young people.

MORE INCLUSIVE AND ACCESSIBLE OPPORTUNITIES

Make it easier for everyone to get involved – no matter where we live, if we are confident or not, and regardless of our personal circumstances.

HONEST AND GENUINE ADULTS

Treat us as equals, listen, be transparent and tell us what changed, what didn't and why.

LETTING US TAKE THE LEAD

We thrive when adults take a step back and back us in – giving us the space, support and tools to take the lead and succeed.

BUILDING SKILLS AND NETWORKS

Train, mentor and support us to grow our skills and work together on issues that matter to us.

Speak up. Be heard. Drive change.

Check out the full report at www.ynot.org.au







